

Guide to Mental Health Resources in Oakland County

Providers:

ACCESS (Arab Community Center for Economic and Social Services) Dearborn 248-842-7010

Arab-American and Chaldean Council Mental Health Services, Southfield 248-354-8460

Catholic Social Services, Pontiac 248-334-3595, Waterford 248-666-9970

Community Network Services (CNS) Farmington Hills 248-994-8001, Waterford 248-745-4900

Easter Seals-Southeastern Michigan, Southfield 1-800-757-3257, Pontiac 1-866-4453, Waterford 248-706-3450

Centro Multicultural La Familia Pontiac 248-858-5320

Henry Ford Health System—Maplegrove, West Bloomfield 248-661-6100

Jewish Family Services, West Bloomfield 248-592-2300

Lutheran Child & Family Service of Detroit www.lcfsmi.org/metropolitan.asp

Michigan Family Institute, Oak Park 248-593-4784

Oakland Family Services, Berkley 248-544-4004, Farmington Hills 248-473-1290,

Pontiac 248-858-7766, Rochester Hills 248-853-0750, Walled Lake 248-624-3811

Perspectives of Troy, 248-244-8644

Training and Treatment Innovations, Inc. (TTI) Oxford 248-969-9932

Additional Resources:

Al-Anon 1-800-813-3105

Depressed Anonymous www.depressedanon.com

Emotions Anonymous www.allone.com/12/ea

Eating Disorders, Families & Friends 1-800-633-7377

Families Anonymous 1-800-736-9805 or 248-624-5616

Kadima Support Group 248-559-8235

Nar-Anon Family Groups www.nar-anon.org/naranongroups.htm

Parents of Children with Any Disability 1-800-359-3722

Recovery, Inc. www.recovery-inc.com

Schizophrenics Anonymous 1-800-482-9534